

## EP.6

### Leading Without Being a Team Leader

Two different scenarios where you may really need to give this topic some thought:

1. If your doctor hasn't named a team lead for your department yet. There still needs to be someone who steps up within the department.

-With action items lists from trainings, there needs to be someone who steps up and says, "I'm going to own xyz of what is on this implementation list. I will make sure my team understands those items and if they have questions, I will be that go to person.

-Need to work together as more of a cohesive unit and support system. Recognize each other's strengths within your team to give the best quality care.

2. Team lead in place and know what role everyone on the team plays. As a team member, how you can practice leadership inside of a department?

-It can be up to one person to act and move the needle in hygiene.

-Look outside of your role and ask yourself what your skin in the game is.

-If you're passionate about an area within the department, that is a great opportunity to step up and bring new ideas to table.

Leader doesn't mean that you are over the rest of your team. It just means you contribute in a way that allows your department to thrive and move forward.

-Everyone is a leader in some form or fashion. There is always someone that is looking up to you. There is something that each person in an office can bring to the table.

A leader isn't somebody who just does stuff. A leader is someone who sets the temperature of an office. You know those natural born leaders because you're naturally attracted to them.

Don't over complicate what it takes to be a leader. Doing these simple things have an impact:

- Be on time
- Bring enthusiasm
- Show up, be present
- Be a culture setter

**"Please be responsible for the energy you bring into this space."**

**-My Stroke of Insight , Jill Bolte Taylor**